

A Job You Want to Leave

For when leaving is not possible yet, and you still have to get through the week.

WHEN TO USE THIS

Use this when quitting is off the table for now.

What is keeping you there right now?

Money, timing, health cover, school, people. Name it plainly.

What is worst about it, and what is bearable?

WORST PART

BEARABLE PART

What would have to be true for you to leave?

A date, a number, a piece of paper.

What is one thing you can make better while you are still there?

Staying for now is a decision you are making, not a life sentence.