

# A Worry With No Answer Yet

For the worries you cannot settle because the answer is not here yet.

## WHEN TO USE THIS

Use this while you are waiting - on results, on a decision, on someone else.

**What are you turning over that has no answer right now?**

*Waiting on news, on a person, on something not decided yet.*

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**What would you need to know for this to be settled? Who has that answer?**

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Some things cannot be worked out yet. Going over them again is not the same as getting ready for them.

**While you wait, what will you do with your hands and your day?**

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*Waiting is its own kind of work. You are allowed to put it down between checks.*