

A Year From Now

Take a longer look ahead, without needing a plan for all of it yet.

WHEN TO USE THIS

Use this when the next year feels blank, or when today is taking up all the room.

A year from now, what would you like to be doing on a regular Wednesday?

What would you like to have behind you by then?

What do you hope stays exactly the same?

Name one thing in the next month that points that direction.

A year is far off. Pointing yourself the right way is a today-sized job.