

Clothes That Do Not Fit Today

For mornings when getting dressed sets the tone for the whole day, and not a good one.

WHEN TO USE THIS

Use this after a morning that went sideways in front of the wardrobe.

What happened this morning when you were getting dressed?

Three things you own that feel alright to wear this week.

Comfortable counts for more here than anything else.

1.

2.

3.

What do you want to do with the things that do not fit today?

Box them up, move them out of sight, or leave them. Your call.

Clothes are meant to fit the person wearing them. It does not work the other way round, whatever the label says.

What are you putting on tomorrow?

A hard morning in front of the wardrobe is about the clothes, not about you.