

Good Enough for Today

A short plan for doing one thing to good enough instead of not at all.

WHEN TO USE THIS

Use this in the morning, on something you have been putting off.

What is the one thing? Write it down.

What would perfect look like, and what would good enough look like?

PERFECT

GOOD ENOUGH

What time today are you doing the good enough version?

What might get in the way?

- ☐ I will start and want to redo it
- ☐ I will run out of time
- ☐ Someone will see it half done
- ☐ I will not think it is ready
- ☐ I will find something else to do first

Afterwards: what actually happened?

Good enough and finished beats perfect and imagined, most days of the week.