

If Nothing Changed

Look honestly at where the current path leads, and decide what you want to do with that.

WHEN TO USE THIS

Use this when you have been putting off a decision about your direction.

If everything stayed exactly as it is now, what does next year look like?

Which parts of that would be fine with you?

Which part would you most want to be different?

How urgent does changing that feel today?

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It can wait

It cannot wait

Looking straight at it is hard. It also puts the choice back in your hands.