

If You Could Tell Them One Thing

Say the things to them that there was no chance to say.

WHEN TO USE THIS

Use this when you have something you wish you could still tell them.

You can start anywhere. Middle of a sentence is fine. Nobody has to read this but you.

Write to them. Begin with their name.

Is there anything here you have never told another living person?

If they could answer, what do you think they would say back to you?

You can keep this, burn it, or read it out loud somewhere. All of those count.