

Making the First Move

For the part where you want to reach out and something stops you.

WHEN TO USE THIS

Use this when you have someone in mind but have not sent anything.

Who do you want to reach out to?

What is stopping you? Say it plainly.

They are busy. They did not reply last time. It has been too long.

What you are afraid of, and how likely it really is.

THE FEAR

HOW LIKELY

Write the message here first. Short is fine.

Most people are glad to be thought of. Very few are counting how long it has been.