

One Bill at a Time

Take a single bill out of the pile and look at it without the rest shouting.

WHEN TO USE THIS

Use this with one bill in front of you.

Which bill is this, and who is it from?

What does it say is owed, and by when?

What does it need from you?

- ☐ Paying now
- ☐ Paying part of it
- ☐ A call to ask about it
- ☐ Checking if it is even right
- ☐ Asking someone for help
- ☐ A date in the diary
- ☐ Nothing yet - it is not due

What is the very next step, and when will you take it?

One bill dealt with is one voice quieter.