

Ordering Off a Menu

For eating out, when the menu turns into a test and everyone is waiting on you.

WHEN TO USE THIS

Use this before a meal out you are already dreading.

What is the hard part about ordering in front of other people?

What do you usually end up doing?

Ordering last, copying someone, picking the safest thing, not going.

If nobody was watching, what would you order?

Deciding before you get there takes some of the heat out of the table. Looking at the menu ahead of time is allowed.

What is your plan for the next time you eat out?

The table moves on to other things faster than it feels like it will.