

Saturday With Nothing In It

For weekends that stretch out empty and quiet after a week of being busy.

WHEN TO USE THIS

Use this on a Thursday or Friday, before the weekend arrives.

What are your weekends usually like right now?

How much are you dreading this one?

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Not at all

A lot

Pencil the weekend in loosely. One thing per half day is plenty.

SATURDAY

SUNDAY

Which one of those involves another person, even a little?

An empty weekend is easier to face with two or three things penciled in.