

Taking Back a Yes

Work out how to get out of something you agreed to and now cannot do.

WHEN TO USE THIS

Use this when you said yes, the day is coming, and your stomach drops thinking about it.

What did you agree to, and when is it?

What happens if you go through with it, and what happens if you pull out?

IF I DO IT

IF I PULL OUT

If you are pulling out, what is the earliest you can tell them?

Sooner is kinder to both of you.

Write the message. Keep it under three sentences.

Changing your mind early is not letting someone down. It is telling them the truth in time.