

The Next Thirty Days

Set one thing for the next month that you could actually finish.

WHEN TO USE THIS

Use this at the start of a month, or any day you want a shorter horizon than a year.

One thing you want to be true thirty days from now.

Something you could point at and say it happened.

Break the month into four weeks.

WEEK	ONE THING TO DO

What is likely to get in the way, and what will you do when it does?

How will you know, on day thirty, that this went well?

Thirty days is long enough to matter and short enough to picture.