

# What You Are Curious About

Follow a bit of curiosity, with no plan for it to become anything.

## WHEN TO USE THIS

Use this when your days have gone flat and nothing sounds interesting.

**What have you wondered about lately? Anything counts.**

*A place, a skill, a question, an old interest.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Pick one. What first made you curious about it?**

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**What is a twenty-minute way to find out more?**

*A video, a library book, one message to someone who knows.*

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This does not have to turn into a hobby, a job, or anything at all.

*Curiosity is one of the first things to go quiet, and one of the easiest to invite back.*