

What You Miss Most

Give the small, particular things you miss somewhere to be written down.

WHEN TO USE THIS

Use this when you have some quiet time and do not have to be anywhere after.

The small things. What do you miss that nobody would think to ask about?

The way they answered the phone. Their handwriting. Sunday mornings.

1. _____
2. _____
3. _____
4. _____
5. _____

Pick one and stay with it for a while. Write down everything you remember.

The small things are often the heaviest. Missing a habit or a sound is not a small kind of grief.

If the words are not coming, use this space however you want.

Missing them is part of loving them. It does not need to be smaller than it is.