

What You Wish People Understood

Putting words to the part of this that nobody around you seems to get.

WHEN TO USE THIS

Use this whenever you feel unseen in what you are carrying.

What do people get wrong about your days?

If they had it for one hour, what would surprise them?

Write the one sentence you would want them to remember.

Who is worth saying it to?

You do not owe anyone this explanation. Give it where it will land.