

What You Would Want Said About You

Name the kind of person you want to be, in the words other people would use.

WHEN TO USE THIS

Use this when you want a sense of direction that is not about achievements.

Think of someone who knows you well. What would you want them to say about you?

Pull three words out of that.

1.

2.

3.

Where in an ordinary week do those words already show up?

Which one would you like to live a bit more of, starting this week?

This is not about being remembered. It is about what you are aiming at now.