

When It Costs More Than You Have

A place to be honest about cost and work out who to ask for help.

WHEN TO USE THIS

Use this when the price is making it hard to keep up.

What is costing more than you can manage?

What has the cost already led to?

- ☐ Putting off picking it up
- ☐ Going without other things
- ☐ Borrowing money
- ☐ Not telling anyone
- ☐ Asking about a payment plan
- ☐ Keeping it going, but only just

Who could you tell?

Prescriber, pharmacist, a social worker, a help-with-costs line.

What will you ask them?

A cheaper option, a longer supply, help with the cost.

Cost is a medical problem too. Say it before you are left without.