

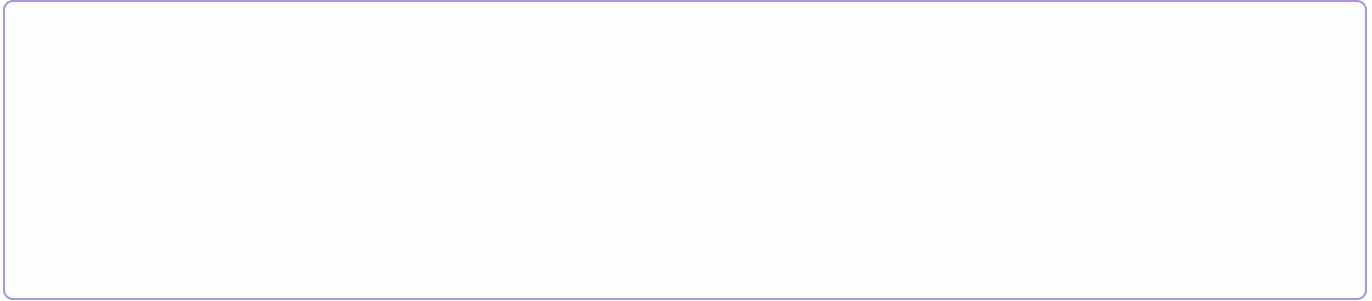
When You Cannot Name It

Get at a feeling that has no word yet, using shape, weight, and age instead.

WHEN TO USE THIS

Use this when something big is here and no word for it fits.

Draw it. A shape, a color, a scribble - whatever it looks like.



If it had a size and a weight, what would they be?

How old do you feel when it is here?

Sometimes a feeling belongs to a much younger you.

What does it need? Not what fixes it - what it needs.

You do not need the right word for it to count.