

When Your Kid Will Not Talk

Find the small openings where your child does talk, instead of asking harder.

WHEN TO USE THIS

Use this when every question gets fine, nothing, or a closed door.

When was the last time they said more than a few words to you? What were you both doing?

Where does talking come easier for them? Tick any you have noticed.

- ☐ In the car, side by side
- ☐ Late at night
- ☐ While doing something with their hands
- ☐ Walking or shooting hoops
- ☐ By text
- ☐ With someone else in the family

What do you most want to know, and what are you afraid the answer is?

Pick one time this week to be near them with no questions. When?

Being around is an offer. They may take it later.

Quiet is not always shutting you out. Sometimes it is waiting for a moment with no pressure.